



Professional History

Maria Soledad Omar

Professional Triathlete

• Age: 38 years

· Nationality: Argentinian

· Residence: Brasil

• Contact:

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• Education:

- > Physical Education Teacher 1996
- Specialization Courses:
 - > National Athletic Trainer (ARG)
 - > National Coach Athletics (ARG)
 - > Post-Graduate Course

Exercise Rehabilitation

- Current Support:
 - > Ativa Restaurante
 - > Aqua Sphere
 - > A.Companhia
 - > FME
- Previous Support:
 - > Argon 18
 - > 3T Triathlon
 - > Mizuno
 - > Ciclovece
 - > Gray
 - > Nutrilatina Age

Resultados

• Year: 2011

- > 04,05,06/02 Crude de los Andes Female duo
- > 27/02 Female Mundialito Fast Triathlon Argentine Group
- > 06/03~ Half Ironman Mar del Plata 1st estep of Argentine League
- > 17/04 Half Ironman Concordia 2nd estep of Argentine League
- > 29/05 Ironman Brasil Florianopolis
- > 19/06 Adventure Camp Adventure Run Oskalunga group
- > 24/07 GPI Winter Triathlon Camboriu Short Triathlon
- > 27/08 Ironman 70.3 Penha, Sta. Catarina 3 Place professional
- > 11/09 Ironman Wisconsin, Madison, EEUU 4th place professional.
- > 13/11 GP Summer, Bal. Camboriú, Sta. Catarina 3 Place professional
- > 19/11 JASC, Jogos Abertos Sta. Catarina, Criciuma 2nd place professional. Medalha de Oro por equipes
- > 26/11 Half Triathlon Piriápolis, Uruguai 1st Place professional

• Year: 2010

- > 07/02 Long Distance Rodoanel
- Mundialito Fast Triathlon > 28/02
- X-Terra do Brazil Global São Lourenzo > 13/03
- > 14/03 Adventur Camp Stage Guararema
- > 18/04 Half Triatlon Concordia ARG
- > 02/05 Triatlon Long Distance Criciuma 130 anos

Ironman Brazil Florianópolis 2010 > 30/05

- > 01/08 Adventure Camp Mogi das Cruzes, Parque das Neblinas > 1st Place professional (team)
- Long Distance Rio de Janeiro, Circuito Cia. de Eventos > 15/08
- > 28/08 Ironman 70.3 Penha, Brasil
- > 18/09 JASC (Jogos Abertos Sta. Catarina) Duathlon Brusque
- > 09/10 World Championship Ironman Kona, Hawaii
- > 17/10 Adventure Camp, Caraguatatuba
- > 22-23-24/10 Nike 600k Challenge Relay Team
- Ironman Cozumel, Mexico
- Trofeu Brasil de Triathlon, Santos Final
- > 2nd place Professional > 38th Place professional

> 2th Place professional.

> 2th Place professional.

> 1st Place professional.

> 1st Place professional.

> 1st Place professional.

> 2th Place professional.

> 2th Place professional.

> 3rd Place professional*

> 10th General.

- > 1st Place Profissional Team

> 1st General place

> 2nd place professional

> 1st place professional

> 7th place professional.

> 1st Place professional.

> 2nd place professional.

> 5th place

- > 4th overall place "Nucleo Aventura" > 8th Place professional
- > 6th Place professional
- * The third Placement in Florianopolis gave a vacancy for the world championship at Kona, Hawaii.







A.COMPANHIA



• Year: 2009

> 18/01 Ironman 70.3 Pucón

 6th Place professional.

 > 15/03 1st Stage Troféu Brasil Santos

 2th Place professional.

 > 22/03 Long Distance Caioba (half ironman)

 1st Place professional.

 > 19/04 Argentine championship Half Ironman Concordia

 2nd Place professional.

> 26/04 2th Stage Troféu Brasil Santos 4th Place professional.

> 31/05 Ironman Florianópolis Brasil 7th Place professional.

> 28/06 Long Distance Ubatuba (half ironman) 3rd Place professional.

> 23/08 Long Distance Rio De Janeiro 1st Place professional.

> 29/08 X-Terra do Brazil Global Tour World Stage 1st Place professional.

> 03/10 X-Terra Duathlon Ouro Preto 1st Place professional.

> 25/10 5th Stage Troféu Brasil Santos 3rd Place professional.

> 22/11 Long Distance Pirassununga 3rd Place professional.

> Circuit Champion Long Distance 2009

• Year: 2008

> 16/03 1st Stage Troféu Brasil, Santos 4th Place.

> 23/03 Aquathlon city of Macaé 3rd Place.

> 13/04 Argentine Championship Half Ironman, Concordia, 1st Place

> 04/05 2da. Etapa Troféu Brasil, São Paulo 4th Place

> 04/05 2nd Stage Trofeu Brasil, São Paulo 4th Place

> 20/07 Trimax Olimpic Series, Río de Janeiro 1st Place.

> 29/06 Long Distance Ubatuba 1st Place.

> 24/08 4th Stage Trofeu Brasil, São Paulo

3rd Place.

> 21/09 5th Stage Trofeu Brasil, Santos 5th Place.

> 26/10 Half triathlon Susuky, Mendoza 1st Place.

> 09/11 6ta Stage Trofeu Brasil, Santos 3rd Place.

> 23/11 Long Distance, Pirassununga 2nd Place.

> 07/12 7th Stage Trofeu Brasil, Santos 3rd Place. > Final Circuit Trofeu Brasil 3rd Place.

• Year : 2007

> 21/01 International Triathlon La Paz, Argentina, (trial ITU), 11st. Placement

> 04/02 Fast Triathlon World Indoor Championships, Camboriu, Integrating the Team (ARG) 3rd. Team Place.

> 17/02 X-Terra Argentina, Carlos Paz Cordoba, 1st Place.

> 18/03 Troféu Brasil Triathlon Santos, 2nd Place.

> 06/05 Troféu Brasil de Triathlon, USP, São Paulo 4th Place.

> 01/07 3rd Stage Troféu Brasil, Goiânia, 8th Place.

> 05/08 Army Triathlon, Vila Velha, 2nd. Place.

> 19/08 4th Stage Troféu Brasil, São Paulo, 4th Place.

> 25/08 X-Terra Brasil , Ilhabela, 5th Place.

> 23/09 5th Stage Troféu Brasil, Santos, 3rd Place.

> 21/10 Troféu Brasil de Triathlon, Santos, 3rd Place.

> 11/11 Triathlon GP Internacional Contra-reloj, Camboriu. 5th. Place.

> 19/11 Sesc Triathlon , Porto Alegre, 5th. Place.

> 02/12 7th Stage Trofeu Brasil, Santos, 6th Place

> Final Circuit Troféu Brasil

"4th. Women's professional position in 2007"

• Year: 2006



> 20/02

> 12/02	Triathlon Internacional de Santos,
	7th. Place professional.
> 05/03	Duathlon Botafogo,
	3rd. Place professional.
> 19/03	Trofeu Brasil 1st Stage Santos
	9th Place.
> 16/04	Aquatlhon Urca Rio de Janeiro,
	2nd. Place.
> 23/04	2nd Stage Trofeu Brasil São Paulo
	4th Place professional.
> 21/05	Duathlon Botafogo,
	1st Place.
> 04/06	Panamericano de Triathlon Olímpico-Brasilia,
	7th. Place professional.
>11/06	3rd Stage Trofeu Brasil Goiania
	3rd Place.
> 23/07	Aquathlon Copacabana,
	3rd Place.
> 29/07	X-Terra Ilhabella Triathlon (mountain bike),
	7th. Place professional.
> 12/08	Army Triathlon, Vila Velha,
	1st. Place.
> 20/08	4th Stage Trofeu Brasil, Nova Lima, BH
	3rd Place.
> 10/09	
	2nd Place
> 17/09	Aquathlon Recreio,
	2nd Place

Trofeu Brasil 5th Stage Santos

6th Stage Trofeu Brasil Santos

Triathlon Short cidade de Campos,

"3rd Place in Troféu Brasil de Triathlon 2006"

Trofeu Brasil 7th Stage Santos

2nd Place professional.

Triathlon Recreio,

Duathlon Botafogo,

1st. Place professional.

7th Place professional.

Triathlon Flamengo,

1st Place.

7th Place.

1st. Place.

1st. Place.

> 27/02 Internacional de Santos, 4th Place. > 20/03 1st Stage Trofeu Brasil Santos, 4th Place. > 03/04 Long Distance Circuit, Ubatuba, 4th general position. 1st in category. > 01/05 2nd Stage Trofeu Brasil ,São Paulo, 3rd Place. > 19/06 3rd Stage Trofeu Brasil, Goiânia, 4th Place. > Circuito SESC Nacional Brasilia, 4th. Place professional. > X-Terra Triathlon Ilhabela, 5ta. Place professional. Long Distance Circuit, Caiobá, > 07/08 2nd Place. > 4th Stage Troféu Brasil, Nova Lima, BH 3rd Place. > 19/09 5th Stage Trofeu Brasil, Santos, 4th Place. > 6ta. Etapa Troféu Brasil São Paulo, 3rd Place professional Triathlon do Recreio, Rio de Janeiro. > 30/10 2nd Place. Long Distance Circuit, Pirassununga, São Paulo > 27/11 5th general position 1st. position in the category > 04/12 7th Stage Trofeu Brasil Santos, 5th Place. "2nd Circuito Long Distance 2005" "2nd Champion Troféu Brasil de Triathlon 2005" State Circuit 2005 > 23/01 Aquathlon Cidade de Niterói, 2nd Place. >17/04 Aquathlon Fortaleza de São João,

Internacional de Caiobá,

4th Place.

1st Place.

> 25/09 Aquathlon Copacabana, 3rd Place

> 03/07 Duathlon Botafogo, 3rd Place

> 28/08 Duathlon Niterói, 2nd Place.

> 30/10 Triathlon Recreio dos Bandeirantes, 2nd Place. Final state test circuit:

State Circuit Champion Aquathlon 2005

Year: 2005

> 24/09

> 08/10

> 22/10

> 19/11

> 26/11

> 03/12

>10/12



• Year: 2004

> 08/02 Internacional Triathlon of Santos (BRA) 4th Place.

> 15/02 Internacional Triathlon of Caiobá (BRA) 6th Place.

> 14/03 1st Stage Trofeu Brasil, Santos 3rd Place.

> 02/05 2nd Stage Trofeu Brasil, Niteroi 2nd Place.

> 15/08 3rd Stage Trofeu Brasil, Nova Lima (BH) 2nd Place.

> 19/09 4th Stage Trofeu Brasil Santos 3rd Place.

> 5th. Stage Troféu Brasil Santos, 1st Place.

"2nd Troféu Brasil de Triathlon 2004"

• Year: 2003

> International of Santos, 6th Place.

> International of Caiobá, 8th Place.

> 1st Stage Troféu Brasil Santos, 4th Place.

> 4th Stage Troféu Brasil Santos, 2nd Place.

> Brazilian Championship of Aquathlon, 2nd Place.



Sports Historic

- 7 times State Triathlon Champion, Entre Ríos, ARG Years: 1991/95/96/97/98/99/2000.
- National Triathlon Champion Cup Arg 2001.
- 2 times vice champion Argentine Triathlon, years: 2001/2004.
- Member of the Argentina Team

South American Championships:

- >Ilheus (BRA) year 1997, 9th. Place.
- >Montevideo (URY) 1998, 11th. Place.
- >Ilha Margarita (VEN) 1999, 14th. Place
- >Mar del Plata (ARG) year 2000, 6th Place.
- >La Paz (ARG) year 2002, 9th Place.
- >Brasilia (BRA) year 2004, 4th. Place.

Member of the Argentina Team in Pan American Championships:

- > Varadero (CUB) year 1998 (trial ITU)
- > Clermont (USA) year 2001 (trial ITU)
- > Rio de Janeiro (BRA) year 2002 (trial ITU)
- > Acapulco (MEX) year 2004, 11st. Place (trial ITU)

Argentina Team in:

- > South American Games Salinas (ECU) 1998, 9th. Place, team bronze medal (ARG)
- > South American Games Rio de Janeiro (BRA) 2002, 6th. Place, team silver medal

- > Pan American Games Winnipeg (CAN), 1999, 14th. Place.
- > Pan American Games Santo Domingo (DOM.), 2003, 11th. Place
- Pre-Olympic competitions ITU:
- > Montevideo (URY) year 1999, 3rd Place.
- > La Paz (ARG.) year 2003, 7th Place.
- > Vila Velha (BRA) year 2003, 5th Place.
- > Brasília (BRA) year 2003, 6th Place.
- > La Paz (ARG) ano 2004, 3rd Place.
- > Fortaleza (BRA) year 2004, 4th Place.
- > Vila Velha (BRA) year 2004, 5th Place.
- > Valparaiso (BRA) year 2004, 8th Place
- > Vila Velha (BRA) year 2005, 4th Place.
- > La Paz (ARG) year 2006, 3rd Place.
- World Cup Rio de Janeiro (BRA) year 2003, 37th. place.
- World Cup Rio de Janeiro (BRA) year 2004, 22nd. place.





